

宝康尊贵体检计划 Supreme Check-up Plan

计划编号 Plan Code			男 Male	女 Female
			B26	B27
医生会诊的体格检查	Physical Exam by Doctor		✓	✓
病历及健康问卷	Medical History & Health Questionnaire		✓	✓
身体检查 Physical Exam	身高, 体重, 血压及脉搏	Height, Weight, Blood Pressure & Pulse	✓	✓
	体重指数及腰臀围量度	BMI & Waist/Hip ratio	✓	✓
	视力及辨色测试	Visual Acuity & Colour Vision	✓	✓
	音叉听觉测试	Hearing Test by Tuning Fork	✓	✓
青光眼测试 Glaucoma Test	青光眼检查 (只限中环诊所提供)	Glaucoma Test by Tonometry (Central clinic only)	✓	✓
血液检查 Haematological Tests	全血计及血涂片	Complete Blood Count, Blood Film	✓	✓
	血型及恒河猴因子	ABO & Rh (D) Typing	✓	✓
	铁质	Iron	✓	✓
糖尿病 Diabetes Mellitus	空腹血糖	Glucose (Fasting)	✓	✓
	糖化血色素	HbA1c	✓	✓
肝功能测试 Liver Function	谷草转氨酶	SGOT / AST	✓	✓
	谷丙转氨酶	SGPT / ALT	✓	✓
	碱性磷酸酶	Alkaline Phosphatase	✓	✓
	丙种谷氨酰转肽酶	Gamma GT	✓	✓
	总胆红素及总蛋白质	Total Bilirubin & Total Protein	✓	✓
	白蛋白及球蛋白	Albumin & Globulin	✓	✓
	甲型肝炎抗体	Hepatitis A - HAV Ab Total	✓	✓
肝炎指标 Hepatitis Status	乙型肝炎表面抗原	Hepatitis B - HBsAg	✓	✓
	乙型肝炎表面抗体	Hepatitis B - HBsAb	✓	✓
	丙型肝炎抗体	Hepatitis C - HCV Ab	✓	✓
痛风症检查 Gout Screening	尿酸	Uric Acid	✓	✓
关节炎检查 Arthritis Screening	类风湿关节炎因子	RA Factor	✓	✓
骨骼新陈代谢 Bone Metabolism	钙	Calcium	✓	✓
	磷酸盐	Phosphate	✓	✓
血脂检查 Lipid Profile	胆固醇总量	Cholesterol (Total)	✓	✓
	高密度胆固醇	Cholesterol (HDL)	✓	✓
	低密度胆固醇	Cholesterol (LDL)	✓	✓
	高密度胆固醇比值	Total/HDL Cholesterol Ratio	✓	✓
	三酸甘油酯	Triglycerides	✓	✓
肾功能测试 Kidney Function	尿素	Urea	✓	✓
	肌酸酐	Creatinine	✓	✓

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电解质 Electrolytes	钠 · 钾	Sodium & Potassium	✓	✓
	氯化物 · 碳酸氢盐	Chloride & Carbonate	✓	✓
甲状腺功能 Thyroid Function	甲状腺素	T4	✓	✓
	促甲状腺激素	TSH	✓	✓
血清 Serology	梅毒血清试验	VDRL	✓	✓
小便检查 Urine Examination	小便常规检查	Urine Analysis	✓	✓
粪便检查 Stool Examination	粪便常规	Stool Routine	✓	✓
	粪便隐血	Occult Blood	✓	✓
	幽门螺杆菌抗原检查	H. Pylori Antigen	✓	✓
肿瘤测试 Tumour Markers	甲种胎儿蛋白 (肝硬化)	Alpha-fetoprotein (Liver)	✓	✓
	EB 病毒抗体 (鼻咽癌)	EBV for NPC	✓	✓
	CEA 癌胚抗原 (直肠癌)	Carcinoembryonic Antigen (CEA)	✓	✓
	前列腺癌抗原 - 男士	PSA (Prostate) - Male	✓	-
心脏功能 Cardiac Functions Test	静态心电图	Resting ECG	✓	✓
	运动压力心电图	Treadmill Stress Test	✓	✓
	高灵敏度丙类反应蛋白	C-Reactive Protein (high sensitive)	✓	✓
X-Ray 造影	胸肺部 X 光平片 #	Chest X-Ray #	✓	✓
肺功能测试 Lung Function Test	肺活量检查	Vitalograph	✓	✓
骨质疏松症检查 Osteoporosis Screening	双 X-光骨质密度检查 (腰椎及股骨)*	DEXA (Spine and Hip)*	✓	✓
妇女检查 Female Check	乳房及盆腔检查 (触诊)	Breast & Pelvic Examination	-	✓
	柏氏子宫颈涂片检查	Pap Smear	-	✓
	乳房超声波 (只适用 < 40 岁) # 或 乳房 X 光造影 (只适用 ≥ 40 岁) #	Breast Ultrasound (for age < 40 only) # or Mammogram (for age ≥ 40 only) #	-	✓
报告与跟进 Report & Follow Up	报告及医生建议	Lab Report with Doctor's Comment	✓	✓
	医生解释报告	Doctor Consultation for Report Review	✓	✓
原价 Original Price (HK\$)			\$15,950	\$17,750
优惠价 Special Price (HK\$)			\$8,280	\$9,500

造影检查 - 胸部 X 光 :

- a) 中环 - 于中环诊所同一大厦的造影中心作检查。
- b) 观塘 - 于观塘诊所作检查。

Imaging test - X-ray/Mammogram/Ultrasound:

- a) Central - performed in the imaging centre at the same building of Central clinic.
- b) Kwun Tong - X-ray at Kwun Tong clinic.

价格如有更改，恕不另行通知。The price is subject to change without prior notice.

自选额外检查项目 (须与上述体检计划一同选购) Optional items (To be taken with the above plan)

检验范畴 Investigation Categories	检验项目 Check-up Items	价钱 Price (HK\$)
肿瘤指标 Tumor Marker	柏氏子宫颈涂片检查升级至 HPV 筛查 (小便采样)  Pap Smear upgrade to HPV DNA by Urine	\$550
	HPV 筛查 (小便采样) - 适合男士  HPV DNA by Urine - Suitable for male	\$985
	CA125 (卵巢癌) (女性) CA125 (Ovary) (Female)	\$470
	CA19.9 (胰脏癌) CA19.9 (Pancreas)	\$470
	乳房超声波 # Ultrasound Breast #	\$1,330
乳房 (女性) Breasts (Female)	乳房 X-光造影 # Mammogram #	\$1,600
盆腔 (女性) Pelvis (Female)	盆腔超声波 (经腹部) # Ultrasound Pelvis (transabdominal) #	\$1,180
肝及胆 Liver, Gall Bladder	肝及胆超声波 # Ultrasound Liver, Gall Bladder #	\$1,050
腹部 Abdomen	上腹部超声波 (肝、胆、肾、胰、脾) # Ultrasound Upper Abdomen # (Liver, Gall Bladder, Kidney, Pancreas, Spleen)	\$2,300
	全腹部超声波 (经腹部) 上腹部 + 盆腔 (女性) / 前列腺 (男性) # Ultrasound Whole Abdomen (transabdominal) # Upper Abdomen + Pelvis (Female) / Prostate (Male)	\$2,850
	营养咨询服务 (45 - 60 分钟) ^ Dietitian Service (45 - 60 minutes) ^	\$620
ALEX 过敏检查服务 ALEX Allergy Screening Test	检测多达 300 项致敏分子 (血液采样)  Up to 300 allergens SIgE (Blood sample)	\$5,500

* 骨质密度检查 - 中环诊所或转介往指定观塘/佐敦区造影中心作检查
DEXA (Spine and Hip) available in Central Clinic or referral to designated Imaging Centre in Kwun Tong/Jordan.

造影检查 - 胸部 X 光/乳房 X 光造影/超声波:

a) 中环 - 于中环诊所同一大厦的造影中心作检查

b) 观塘 - 胸部 X 光及乳房 X 光造影于观塘诊所作检查。超声波于指定观塘/佐敦区造影中心作检查。

For imaging test - X-ray/mammogram/ultrasound:

a) Central - performed in the imaging centre at the same building of Central clinic.

b) Kwun Tong - X-ray & mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

^ 位于北角的香港大学专业进修学院 - 营养治疗及教研中心进行 (港铁炮台山站 B 出口)

To be provided by HKU SPACE Dietetic Clinic at Fortress Tower in North Point (MTR Fortress Hill Station Exit "B").

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体检地点 Check-up location 宝康医疗中心 Blue Care Medical Centre



中环 Central	电话 Tel (852) 2523 1808 香港中环德辅道中 33 号 10 楼 (港铁中环站 B 出口或香港站 C 出口) 10/F, 33 Des Voeux Road Central, Hong Kong (Central MTR Station Exit B or Hong Kong Station Exit C)
观塘 Kwun Tong	电话 Tel (852) 2523 9383 香港九龙观塘道 418 号创纪之城 5 期东亚银行中心 28 楼 2802 室 (港铁观塘站 A2 出口) Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (Kwun Tong MTR Station Exit A2)

生效日期: 2025 年 1 月 1 日
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