

体重管理体检计划 Nutrition Check-up Plan

计划编号 Plan Code			NU
医生会诊的体格检查 Physical Exam by Doctor			✓
病历及健康问卷 Medical History & Health Questionnaire			✓
体格检查 Physical Exam	身高, 体重, 血压及脉搏	Height, Weight, Blood Pressure & Pulse	✓
	体重指数及腰臀围量度	BMI & Waist/Hip Ratio	✓
	视力及辨色测试	Visual Acuity & Colour Vision	✓
血液检测 Blood Analysis	全血计	Complete Blood Count	✓
	糖化血色素	HbA1C	✓
糖尿病评估 Diabetes Assessment	空腹血糖	Glucose (Fasting)	✓
肝功能 Liver Function	谷丙转氨酶	SGPT / ALT	✓
	碱性磷酸酶	Alkaline Phosphatase	✓
痛风症检查 Gout Screening	尿酸	Uric Acid	✓
血脂分析 Lipid Profile	胆固醇总量	Cholesterol (Total)	✓
	高密度胆固醇	Cholesterol (HDL)	✓
	低密度胆固醇	Cholesterol (LDL)	✓
	三酸甘油酯	Triglycerides	✓
肾功能 Kidney Function	尿素	Urea	✓
	肌酸酐	Creatinine	✓
甲状腺功能 Thyroid Function	促甲状腺素	TSH	✓
尿液常规检查 Urine Test	小便常规检查	Urine Analysis	✓
X-Ray 造影	胸肺部 X 光平片 #	Chest X-ray #	✓
心脏功能 Cardiac Functions	静态心电图	Resting ECG	✓
营养师咨询服务^ Dietitian Service^	营养咨询服务 (约 45 - 60 分钟)	Nutrition Consultation (Around 45 - 60 minutes)	✓
报告与跟进 Report & Follow Up	报告及医生建议	Lab Report with Doctor's Comment	✓
	医生解释报告	Doctor Consultation for Report Review	✓

原价 Original Price (HK\$) \$4,700

优惠价 Special Price (HK\$) \$2,600

^ 位于北角的香港大学专业进修学院 - 营养治疗及教研中心进行 (港铁炮台山站 B 出口)

To be provided by HKU SPACE Dietetic Clinic at Fortress Tower in North Point (MTR Fortress Hill Station Exit "B").

自选额外检查项目 (须与上述体检计划一同选购) Optional items (To be taken with the above plan)

检验范畴 Investigation Categories	检验项目 Check-up Items	价钱 Price (HK\$)
肿瘤指标 Tumor Marker	甲种胎儿蛋白 (肝癌) Alpha-fetoprotein (AFP)	\$360
	CEA 癌胚抗原 (直肠癌) Carcinoembryonic Antigen (CEA)	\$440
	EB 病毒抗体 (鼻咽癌) EBV serology for NPC	\$450
	前列腺癌抗原 (男性) Prostate Specific Antigen PSA (Male)	\$450
	CA125 (卵巢癌) (女性) CA125 (Ovary) (Female)	\$470
	妇科检查和柏氏子宫颈涂片检查 (女性) Gynecological Examination & Pap Smear (Female)	\$660
肝炎指标 Hepatitis Status	乙型肝炎表面抗原及抗体 Hepatitis B - HBsAg & HBsAb	\$400
肝及胆 Liver, Gall Bladder	肝及胆超声波 # Ultrasound Liver, Gall Bladder #	\$1,050
乳房 (女性) Breasts (Female)	乳房超声波 # Ultrasound Breast #	\$1,330
	乳房 X-光造影 # Mammogram #	\$1,600
盆腔 (女性) Pelvis (Female)	盆腔超声波 # Ultrasound Pelvis #	\$1,180
心脏 Heart	运动压力心电图 Treadmill Stress Test	\$2,150
骨质 Bone	双 X-光骨质密度检查* DEXA (Spine & Hip)*	\$850
腹部 Abdomen	上腹部超声波 (肝、胆、肾、胰、脾) # Ultrasound Upper Abdomen # (Liver, Gall Bladder, Kidney, Pancreas, Spleen)	\$2,300
	全腹部超声波 (经腹部) 上腹部 + 盆腔 (女性) / 前列腺 (男性) # Whole Abdomen Ultrasound (transabdominal) # Upper Abdomen + Pelvis (Female) / Prostate (Male)	\$2,850
ALEX 过敏检查服务 ALEX Allergy Screening Test 	检测多达 300 项致敏分子 (血液采样) Up to 300 allergens IgE (Blood sample)	\$5,500

* 骨质密度检查 - 中环诊所或转介往指定观塘/佐敦区造影中心作检查
DEXA (Spine and Hip) available in Central Clinic or referral to designated Imaging Centre in Kwun Tong/Jordan.

造影检查 - 胸部 X 光/乳房 X 光造影/超声波:

- a) 中环 - 于中环诊所同一大厦的造影中心作检查
- b) 观塘 - 胸部 X 光及乳房 X 光造影于观塘诊所作检查。超声波于指定观塘/佐敦区造影中心作检查。

For imaging test - X-ray/mammogram/ultrasound:

- a) Central - performed in the imaging centre at the same building of Central clinic.
- b) Kwun Tong - X-ray & mammogram at Kwun Tong clinic. Ultrasound in designated Imaging Centre in Kwun Tong/Jordan.

价格如有更改, 恕不另行通知。The price is subject to change without prior notice.

体检地点 Check-up location 宝康医疗中心 Blue Care Medical Centre

中环 Central	电话 Tel (852) 2523 1808 香港中环德辅道中 33 号 10 楼 (港铁中环站 B 出口或香港站 C 出口) 10/F, 33 Des Voeux Road Central, Hong Kong (Central MTR Station Exit B or Hong Kong Station Exit C)
观塘 Kwun Tong	电话 Tel (852) 2523 9383 香港九龙观塘道 418 号创纪之城 5 期东亚银行中心 28 楼 2802 室 (港铁观塘站 A2 出口) Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (Kwun Tong MTR Station Exit A2)